

I began treatment with Jeanie because I wanted to find some relief for my unique situation. I had spinal surgery in 1969, long before all the laser treatments were available, and have scar tissue along my spine. I was then in a car accident in 2005 in which I suffered whiplash injuries that aggravated those muscles cut during surgery so long ago. In 2006, following the accident, I suffered a bout of Bell's palsy which affected the muscles in my head and face with paralysis, and I was then subsequently diagnosed with Parkinsonism (PD) in 2007. This series of events left me with a great amount of discomfort, stiffness, and limited range of motion in my face, neck, arms, and back.

After one massage treatment of my head and face, I could move muscles that had been frozen since I had been stricken by Bell's palsy. I had not been able to make a whistling motion with my lips, and after one massage, I actually was able to whistle softly!! I kept the massages going and found that Jeanie gave me back my whistle!!

My muscle flexibility in my left side was being affected by the PD. In working with Jeanie, who was very interested in helping PD patients, I found my muscles so much more limber from treatment to treatment and could get into my car so much easier. Together with her massage treatments and specific exercise recommendations, I find the symptoms of PD much easier to deal with on a daily basis. Anyone who is suffering from PD should pay her a visit.

Jeanie treated my whole situation with great knowledge, understanding the long standing damage she would be dealing with, and today I can move my head left to right without a crunch, I can raise both arms above my head at the same time without a clunk, and my entire body has been refreshed by Jeanie's caring hands and compassion. Jeanie designed massage therapy to incorporate exercises I was doing on a daily basis and suggested more specific exercises for me to do that have given my body more flexibility than it has had in years. Her professionalism and wealth of knowledge are awesome.

Come visit Jeanie. I know she will be a great help in finding the comfort you need. Thank you so much, Jeanie, for your time and excellent care. You have helped improve my quality of life. Thank you so very much!

Carol B.

Dated: 9/28/15